

Clinic or Emergency Room: Which is right for you?



When an illness or injury occurs, you deserve excellent medical care.

Here is a guideline for when it is best to go to the clinic and when the ER is most appropriate.

Visit the Clinic when you have:

- Sore Throat
- Earache
- Cold/Flu symptoms
- Cough
- Sinus or respiratory infection
- Sprain or strain
- Small cuts
- Back pain
- Headache
- Minor Nose Bleed
- Rash
- Well Child Visits
- Annual physical exam

Visit the ER when you have:

- Chest Pain and/or Heart palpitations
- Stroke Symptoms
- Uncontrolled active bleeding
- Severe vomiting and/or diarrhea
- Burns (other than minor)
- Drug overdose/poisoning
- Shortness of breath
- Trauma
- Seizure
- Suspected broken bone(s)
- Allergic reaction
- Any severe illness or injury
- Head injury with/without loss of consciousness

Northside Medical Clinic

320-839-6157 (By Appointment)

Monday-Friday: 8:00a.m. – 5:00p.m.

Saturday: 8:00a.m.-12:00p.m.

Clinton Clinic

320-325-5217 (By Appointment)

Tuesday: 1:30p.m.-5:00p.m.

Wednesday: 1:30p.m.-5:00p.m.

Thursday: 9:00a.m.-12(noon)

Friday: 8:30a.m.-12(noon)

Ortonville Area Health Services ER

Open 7 days a week, 24 hours a day

Other Options

*Call your health insurance nurse phone line

*Schedule a clinic appointment using your **MyChart** online account. Call **839-6157** to set up your own My Chart account.

In Case of Immediate Emergency – Call 911

If you feel your illness or injury needs to have immediate attention, please choose the Emergency Department.