

Tobacco and E-Cigarette screening

If you currently use tobacco/e-cigarette or have used in the last 12 months the following are the options available and requirements in order for you to maintain your insurance discount.

Tobacco/E-cigarette Cessation Program Options:

- One on one appointment with Kelsey Henningson-Kaye
 - Minimum of 4 appointments
 - 1st appointment
 - 45 minutes
 - Appointments #2-4
 - Time span will be determined by Kelsey Henningson-Kaye
 - Appointments are 30 minutes
 - Call registration/scheduling at 839-6157 to schedule appointment – identify yourself as an employee of OAHS
- Group sessions
 - Series of 4 sessions
 - Groups of 4-6
 - Contact Sharon H by calling 839-6157 and ask to have message sent to them with your contact information.

Tobacco/E-cigarette Cessation Program Requirements:

- Initial appointment or group session must be completed by January 31st, 2021
- Minimum of 4 appointments or group sessions must be completed by April 15th, 2021
- If you schedule an appointment and then are not able to make that date or time, you must call the clinic at 839-6157 to reschedule in advance.

Failure to maintain appointments/deadlines and complete program requirements will result in loss of insurance discount with the following pay period.

To be completed at the time of appointment or group session:

Employee's Name: _____ (please print)

Verification by clinic provider, nursing or scheduling staff:

	Date completed	Verified by (initials)
1 st appointment/group session:	____/____/____	_____
2 nd appointment/group session:	____/____/____	_____
3 rd appointment/group session:	____/____/____	_____
4 th appointment/group session:	____/____/____	_____

*Please return completed form to Sara Tollakson or Miranda Cantine, Clinic RN Health Coaches