



Stress comes in many forms



Aging parents, money problems, parenting concerns... whatever the issue, help is available.

Your Employee Assistance Program (EAP) provides confidential, professional support for personal and work concerns at no cost to you.

24 hours a day, 7 days a week.

For more information or to schedule an appointment with an EAP professional, call toll free:

1.800.999.1077

www.EAPHelplink.com

Company Code:
EAPNOW